

**Abstract**

The invention relates to a method for generating optical laser pulses (Po). In order to generate a particularly low-jitter optical signal, an optical injection pulse (I) of a secondary laser (50) is fed into a main laser (30). Feeding is done in such a way that the optical injection pulse arrives in the main laser (30) when the charge carrier density inside the main laser (30) has just reached or just exceeds the threshold charge carrier density.